



# LaSalle College Vancouver International Student Arrival Guide

Updated December 16, 2021



# INTRODUCTION

Arriving in Canada from another country? Let this guide help you prepare for your arrival. The information provided here is based on official government updates. As things continuously change, please make sure you always check the official updates on these websites:

- [COVID-19: Travel, testing, quarantine and borders](#)
- [International students: Travel restrictions and exemptions](#)

Please take some time to review the information in this package. By not following this protocol, students may be denied entry into the country. Government authorities may also fine students for non-compliance in certain situations.

Our top priority is the health and safety of our students, faculty, staff, partners, and community. We are obligated to follow the regulations and recommendations of the Canadian and provincial governments, and the local public health authority. This includes recording the flight information and self-isolation plans for all of our arriving international students; you must send us this information before departing your home country.

At the end of the document is the **COVID-19 Travel and Arrival Protocols Declaration**.

This document, along with your **flight information** and **self-isolation plan**, must be signed and sent to **Justine Higgs** at [justine.higgs@lasallegevancouver.com](mailto:justine.higgs@lasallegevancouver.com) before you leave your home country.

*Disclaimer: In the event of a discrepancy between the information in this file and Canadian government official sources, the latter shall prevail.*



# COMMUNICATION AND RELATIONSHIP BUILDING

If you will be staying in a homestay, contact your host family to get to know each other. A video chat using Zoom or Skype is a good way to do this. Remember to exchange emails and cell phone numbers with your host family.

If you will be staying in a residence/dormitory/hotel, please ensure that you have the correct contact information for them, as well as for any private transportation service that you may be using.

You should also enter the LaSalle College Vancouver telephone number into your cell phone.

LCV Number: + 1 604 683-2006



# INTERNATIONAL STUDENTS: TRAVEL RESTRICTIONS AND EXEMPTIONS

**Make sure you always check the following website for the latest official updates on Travel, testing and borders:** <https://travel.gc.ca/travel-covid>

The following information is from the Government of Canada website. A summary is included here:

To be able to enter Canada as a student, you must meet 2 requirements:

1. You must have a valid study permit or a letter of introduction that shows you were approved for a study permit.
2. You must be attending a designated learning institution (DLI) with a COVID-19 readiness plan approved by its province or territory. LaSalle College Vancouver is a DLI with an approved readiness plan.

## **Before you travel**

Use the same email address for all of your entry requirements, where applicable (that is, when registering for COVID-19 testing upon arrival and creating your ArriveCAN account).

- [Find out if you can enter Canada](#)
- [Check if you qualify as a fully vaccinated traveller](#)
- [Get your pre-entry COVID-19 test](#)
- [Have a quarantine plan in case you don't receive the exemption](#)
- [Use ArriveCAN to submit your proof of vaccination and quarantine plan](#)

## **Arriving in Canada**

Have the following items with you for assessment by a government official at the border:

- ArriveCAN receipt
- Proof of vaccination
- Pre-entry test results
- Other travel documents

**Starting January 15, 2022,** to be able to enter Canada as an international student 18 years and older, you must:

- have a valid study permit
- be fully vaccinated with Government of Canada approved vaccines
- be attending a Designated Learning Institution (DLI)
- meet all other travel restrictions and exemptions for international students

## Packing

Include the following in your carry-on bag:

- Proof of vaccination in English or French
- Passport
- Study permit and/or TRV approval letters
- Custodianship Documents (if required)
- Letter of Acceptance
- Host Family Profile with contact information (if applicable)
- Residence/Dormitory/Hotel information (if applicable)
- Private transportation service information (if applicable)
- Completed BC Self Isolation Plan Form
- COVID test results
- Copy of this document signed by yourself (and your parents/guardians if you are under the age of 19)
- Change of clothes
- Snacks

# QUARANTINE IN CANADA

## All Travelers Require a Quarantine Plan

All travelers to Canada must prepare a quarantine plan. Even if you are fully vaccinated, you must prepare and submit a plan to self-isolate. A border official may exempt you based on the information you provide when you enter Canada. [Use this checklist to assess your quarantine plan.](#)

If you need to quarantine, [please read the information here carefully](#) as it addresses the following topics:

- When your quarantine starts and ends
- Getting to your place of quarantine (final destination)
- How to report after you've entered Canada
- While in quarantine
- Penalties and fines



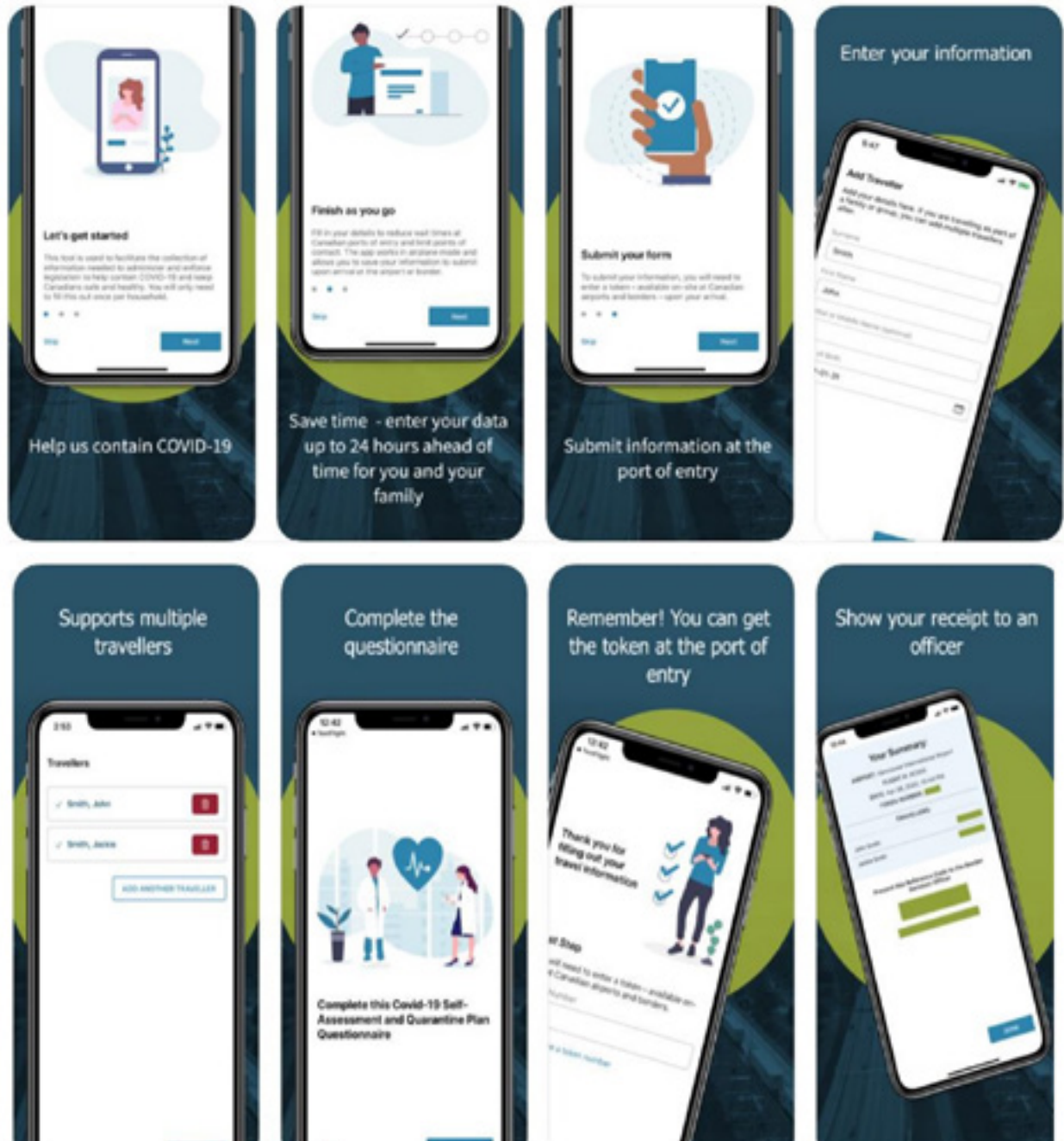
# ARRIVAL PLANS

Before you leave your home country, you must download the ArriveCAN app from the Government of Canada and complete a mandatory Self-Isolation Plan for the Government of British Columbia. Both of these need to be complete prior to your arrival in British Columbia.

## ARRIVECAN APP

The ArriveCAN app is available for iPhone and Android and can be downloaded from the App Store or Google Play. This app must be setup before you arrive at immigration in Canada.

Here are the steps to setup the app:



# BC GOVERNMENT SELF-ISOLATION PLAN

Before you leave your home country it is very important that you complete the BC Government Support for International Travelers Self Isolation Plan form. When you arrive at the airport you will be asked to show this form, and the information must be correct.

If you need assistance in filling out this form, please ask **Justine Higgs – Student Services** at **[justine.higgs@lasallecollegevancouver.com](mailto:justine.higgs@lasallecollegevancouver.com)**. On the next page you will see an example of the form.

Once you have completed the form:

- 1) Send a copy to **Justine Higgs, Student Services** at **[justine.higgs@lasallecollegevancouver.com](mailto:justine.higgs@lasallecollegevancouver.com)**
- 2) Print a copy for your carry-on bag
- 3) Keep a copy on your phone
- 4) Complete an online version of the form at <https://travel screening.gov.bc.ca/>





PRIMARY CONTACT INFORMATION

Form with fields: First Name (primary contact), Last Name (primary contact), Date of Birth (yyyy / mm / dd), Phone Number, Email (optional), Home Address, City, Province or Territory, Postal Code

TRAVEL INFORMATION

Form with sections: Are There Additional Travellers in Your Group? (Yes/No), ADDITIONAL TRAVELLERS (please list all additional travellers) table with columns: First Name, Last Name, Date of Birth (yyyy / mm / dd), Arrival Date (yyyy / mm / dd), Arrival By (Air/Sea/Ground), Airline / Flight Number (if applicable), Arrival From (City, Country)

SELF ISOLATION PLAN

Form with questions: Do you have accommodation arranged for your self-isolation period? (Yes/No), If Yes, which city will you be isolating in?, If Yes, what is the address where you'll be staying?, If Yes, isolation type? (Private Residence/With Family/Commercial (hotel)), Do you need accommodation assistance to self-isolate from anyone who is over 60 years old or who has heart disease, high blood pressure, asthma or other lung disease, diabetes, cancer, immune suppression or is taking prednisone medication? (Yes/No), Are you able to make the necessary arrangements for your self-isolation period? (e.g. food, medication, child care, cleaning supplies, pet care). (Yes/No), What form of transportation will you take to your self-isolation location? (Personal Vehicle/Public Transportation/Taxi or Ride Share)

CERTIFY DECLARATION

Form with checkbox: I certify this to be accurate

Proceed to the provincial check point, if available at your location, where you may be asked to confirm how you will comply with the provincial order to self isolate.

Collection Notice

Your personal information as well as those of your household is collected by the Ministry of Health under the authority of sections 26(a), (c), (e) and s. 27(1)(a)(iii) of the Freedom of Information and Protection of Privacy Act, the Public Health Act and the federal Quarantine Act, for the purposes of reducing the spread of COVID-19. Personal information may be shared with personnel providing support services and follow-up during self-isolation. Should you have any questions or concerns about the collection of your personal information please contact:

Title: Ministry of Health, Chief Privacy Officer

Telephone: 236-478-1666



# RESOURCES

## **COVID-19: Travel, testing, quarantine and borders**

<https://travel.gc.ca/travel-covid>

## **International students: Travel restrictions and exemptions**

<https://travel.gc.ca/travel-covid/travel-restrictions/visitors-workers-students#students>

## **Checklist to enter Canada**

<https://travel.gc.ca/travel-covid/travel-restrictions/visitors-workers-students#checklists>

## **Vancouver Airport Updates to Airport Travel Measures**

<https://www.yvr.ca/en/updates>

## **Vancouver Airport TAKEcare health and safety program**

<https://www.yvr.ca/en/passengers/travel-planning/takecare>

# COVID-19 TRAVEL AND ARRIVAL PROTOCOLS

## Pre-Departure:

- Ensure you have checked the most recent travel restrictions from the Government of Canada website
- If you will be staying with a host family, contact them in advance to discuss expectations, and make sure they have a current photo of you
- Provide arrival information and exchange contact information (cell, email)
- Complete, send and print the online Mandatory Self-Isolation Plan (<https://travelscreening.gov.bc.ca/>), and send a copy to **Justine Higgs – Student Services** at **justine.higgs@lasallegevancouver.com**
- Download the ArriveCAN App (iOS and Android)
- In your carry-on, pack the following:
  - Proof of vaccination in English or French
  - Passport
  - Study Permit or Study Permit Approval Letter
  - Custodianship Documents (if required)
  - Letter of Acceptance
  - Host Family Profile with contact information (if applicable)
  - Residence/Dormitory/Hotel information (if applicable)
  - Private transportation service information (if applicable)
  - Complete BC Self Isolation Plan Form
  - Medical clearance letter (if you have one)
  - COVID test results (if you have them)
  - Copy of this document signed by yourself (and your parents/guardians if you are under the age of 19)

# COVID-19 TRAVEL & ARRIVAL PROTOCOLS DECLARATION

We look forward to welcoming you to LAB Vancouver. This document must be signed and sent to **Justine Higgs – Student Services** at [justine.higgs@lasallegevancouver.com](mailto:justine.higgs@lasallegevancouver.com) before you leave your home country.

By signing this declaration, I confirm that I understand and agree that:

- I understand I have to comply with the Government of Canada's [Quarantine Act](#), and I'm aware of the penalties of violation of the Quarantine Act, which include up to 6 months in prison and/or \$750,000 in fines.
- I have agreed to and signed a copy of the [COVID-19 International Student Travel, Arrival and Quarantine Checklist](#).
- I have completed and printed the self-isolation plan for presentation at the port of entry, and have registered via the [ArriveCAN App](#) and the [COVID-19 BC App](#).
- I have appropriate medical insurance, effective as of the date of my arrival, which includes coverage for COVID-19 during the quarantine period.

Student – Legal Name (Print)		
LaSalle College Vancouver Student ID		
Phone Number in Canada		
Address in Canada		
Email		
Student Signature		Date:
Full Name (Print)		
Signature		Date:
Relationship	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Legal Custodian <input type="checkbox"/> Other _____	